

## Eileen

### Zimmer® Gender Solutions™ Knee Patient



I started having knee pain a number of years ago and I put up with it for such a very long time. I had it drained and drained and drained and finally the orthopedic surgeon that I was seeing said “You really need to do something,” because I was going in there on almost a weekly basis to drain my knee, and walking with a cane and suffering terribly. It was a throbbing pain. It did wake me up at night. I would even get up and take pain medication at night because I couldn’t sleep from it. And it just, it never left me, it never ever left me.

#### **After Knee Replacement Surgery**

Of all the things that I’m now able to do and I couldn’t, stairs were a huge problem. And that’s why my daughter wouldn’t let me babysit at night because she knew the children would be in bed and she knew I would be up and down the stairs to check on them. Before I couldn’t get down on the floor and play with them, the steps even out side, everything was uncomfortable, I couldn’t take them for a walk. All those fun things that I do with my grandchildren, you know you miss that. But now, when my granddaughter, my sweet lovely Anna, when she called out for her mother I could zip up those stairs, I could zip up the stairs, there was no problem at all. And to see that delight on her face, that huge smile with her great blue eyes, it’s a treasure to me.

#### **Free From Pain and Back to Life**

I was amazed how quick this whole thing was, how quickly it was all done and I’m back to my life. I don’t have pain. It’s absolutely amazing, it’s just amazing. And I didn’t very soon after my surgery. I was able to go on with my life and get my life back to what I’d hoped it would be where I could play with my grandchildren and visit and jump in the car and actually literally jump in the car. It was such a relief.

## **Advice For Others With Knee Pain**

The knee for women was just a wonderful thing to do, to come up with. Because it's so good for all of us and it gives us pain-free living and flexibility and movement. All of those things people are waiting (for) and not getting. I would like to tell them go ahead and do it and get their life going, because that's what it's done for me. I have my life now.

*Disclaimer: Individual results may vary. Your results will depend upon your personal circumstances. Review this information with your doctor. Joint replacement is usually a last option after all other treatments have been exhausted.*